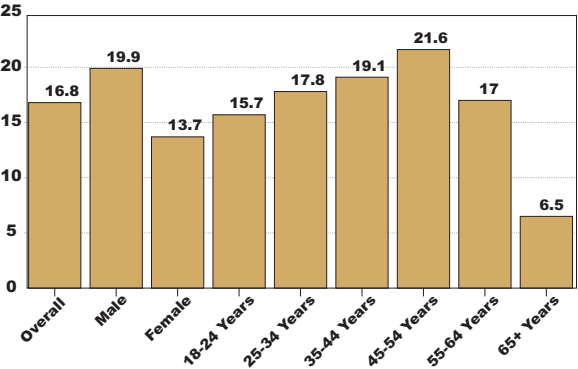


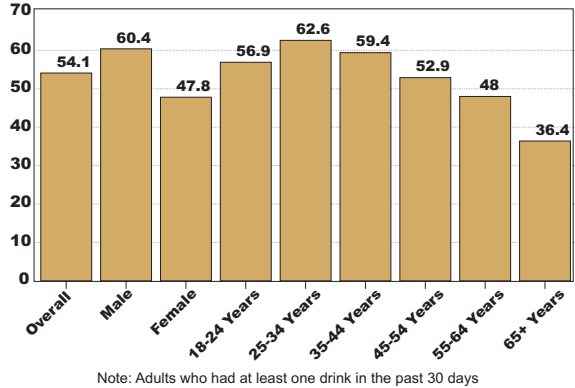
Current Smoking

Percentage of adults who smoke everyday



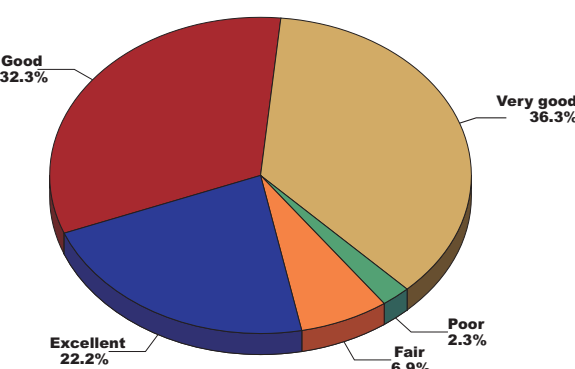
Alcohol Use

Percentage of adults who currently use alcohol



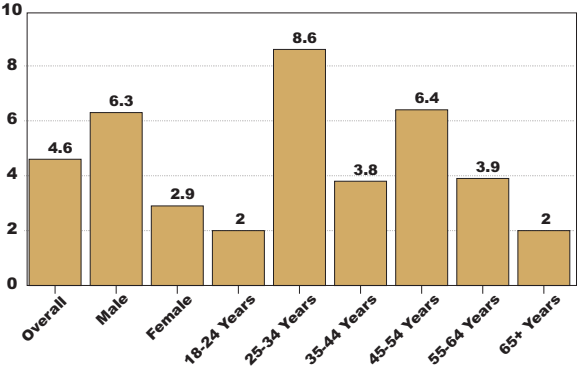
Health Status

Self reported health status



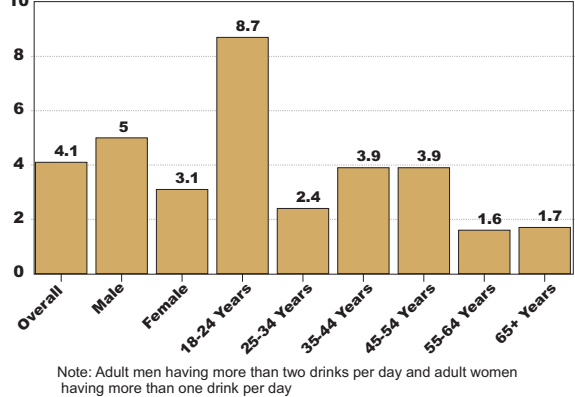
Current Smoking

Percentage of adults who smoke some days

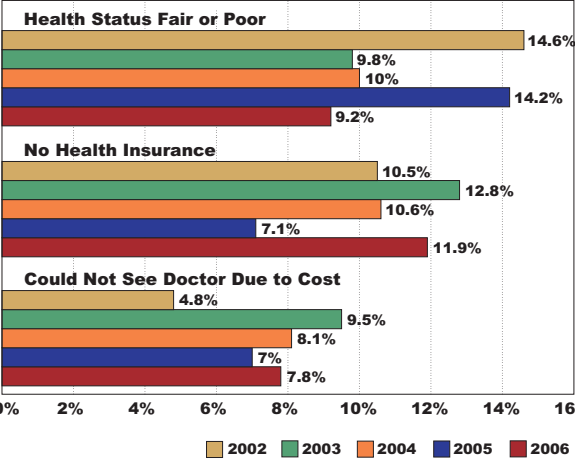


Heavy Drinking

Percentage of adults who are heavy drinkers

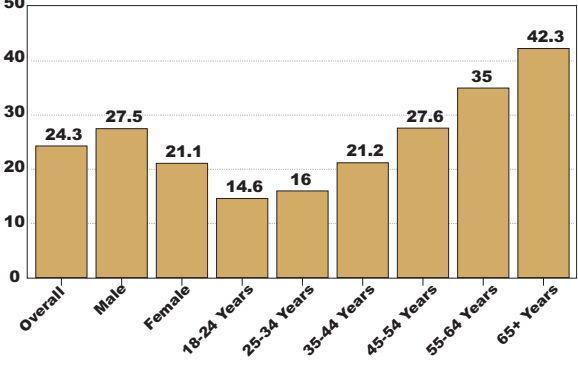


Trends



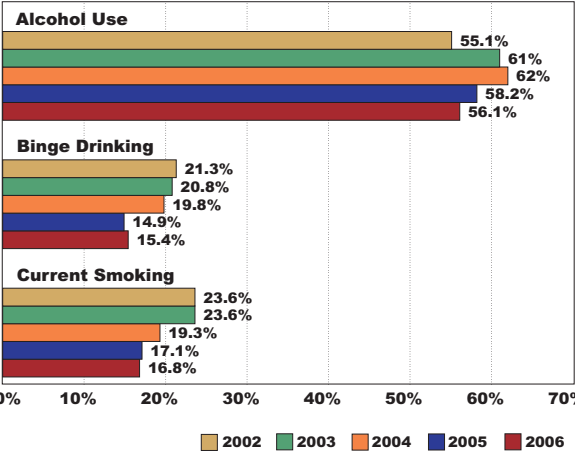
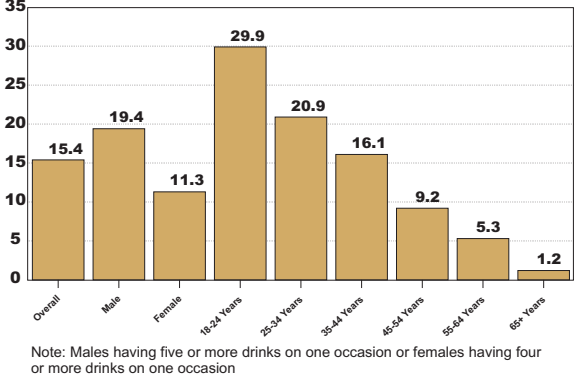
Quit Smoking

Percentage of adults who are former smokers



Binge Drinking

Percentage of adults who are involved in binge drinking



Lancaster County Adults

Behaviors and Trends

BRFSS 2006



The Behavior Risk Factor Surveillance System (BRFSS) is an ongoing surveillance program developed and partially funded by the Centers for Disease Control and Prevention (CDC). It is designed to estimate the prevalence of health risk factors for the major causes of death and disability in the United States, many of which are behavioral in nature.

The BRFSS surveys have been conducted locally on a continuous basis since the early 1980s to determine the proportion of residents who engage in health behaviors that increase the probability of negative health outcomes. They provide specific estimates of the proportion of area adults aged 18 years and over for reporting health risk behaviors. These behavioral risk factor prevalence data provide a tool for evaluating health trends, help in assessing the risk of chronic disease and they play a vital role in developing public policy and monitoring achievement of public health goals, such as Healthy People 2010.

For in-depth data queries, please visit www.lincoln.ne.gov and enter 'health data' in key word or call 402-441-6270.

